



757.599.3510 • Virginia Beach order online @lovesagekitchen.com

WE PROUDLY OFFER FRESH SEASONAL PRODUCE + MEAT FROM LOCAL FARMERS WHENEVER POSSIBLE. 100% OF OUR SAUCES, DRESSINGS, & SOUPS ARE MADE FROM SCRATCH & PLENTY OF LOVE.

TASTY TIDBITS



FLASH-FRIED BRUSSELS SPROUTS# 11

brussels sprouts / house-cured bacon / asiago / shallots house-made balsamic glaze "can be made vegan

CHICKEN TENDERS 10

hand-breaded chicken / garlic ranch sauce

FRIED PICKLES **3** 8

hand-breaded & crispy fried dill pickle spears / horsey sauce

MAC N CHEESE BITES 9

crispy house-made mac & cheese bites with smoked gouda cheddar / po' boy sauce

SOUPS + SALAD

TOMATO BASIL © CUP 5.5 BOWL 6.5

roma tomatoes / cream / garlic / greenhouse-grown basil

SOUP DU JOUR CUP 5.5 BOWL 6.5

made fresh daily

ANYTHING & EVERYTHING @ 17

grilled chicken / house-cured bacon / pecans / blue cheese craisins / roma tomatoes / red onions / spring mix / raspberry vinaigrette

"HALFSIES" 13

1/2 salad does not include grilled chicken

1/2 ANDERSON'S CHICKEN SALAD CROISSANT WITH CUP OF SOUP

1/2 ANDERSON'S CHICKEN SALAD CROISSANT WITH 1/2 EVERYTHING SALAD

1/2 EVERYTHING SALAD WITH CUP OF SOUP

BOWLS

BAJA 16

grilled chicken / black bean salad / cilantro lime rice / cheddar roma tomatoes / avocado / tortilla strips / aji verde

AHITUNA POKE 17

wild-caught tuna* / pickled red onion / cucumber/ pineapple cilantro lime rice / poke sauce / sesame seeds / aji verde

make it vegetarian, substitute marinated & grilled portobella mushroom

WRAPS

served with your choice of one side

SHROOMA 14

grilled portobello mushroom / red onions / roasted red peppers spinach / roma tomatoes / muenster / chipotle mayo / flour tortilla

MIAMI 18

grilled wild-caught tuna* / spring mix / onion frazzles black bean salad / po' boy sauce / flour tortilla

QUESADILLAS

served with your choice of one side

CALIFORNIA CLUB 14

grilled chicken / cheddar / house-cured bacon / cilantro avocado / roma tomatoes / garlic ranch sauce / flour tortilla

LOPEZ 14

grilled chicken / cheddar / black bean salad smoked pepper aioli / flour tortilla

TACOS OF THE DAY

Market price, Ask about our selection; changes daily



*These items are offered to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.







BURGERS

All of our burgers are hand-pattied with local beef from Coastal Cattle in Virginia Beach. served with your choice of one side substitute gluten-free bread 2

PASTURE BEDTIME 17

Coastal Cattle local beef* / sunny side up egg / cheddar house-cured bacon / dill pickles / jameson glaze / brioche bun

MONTEZUMA 17

Coastal Cattle local beef* / smoked gouda / onion frazzles picked jalapenos / roma tomatoes / spring mix / aji verde brioche bun

SANDWICHES

served with your choice of one side substitute gluten-free bread 2

SMOKED REUBEN 16

slow smoked & braised corned beef / sauerkraut russian dressing / swiss / marble rye bread

JAMMY PATTY MELT 17

Coastal Cattle local beef* / house-cured bacon / muenster / mayo caramelized onions / hot pepper-bacon-berry jam / brioche bread

TRAEGERMEISTER 17

Traeger-smoked turkey / house-cured bacon / smoked gouda coleslaw / oven-roasted tomatoes / chipotle mayo brioche bread

CUSTOMER FAVORITE SINCE 1998!

ANDERSON'S CHICKEN SALAD 14

roasted chicken / craisins / onions / celery special seasonings / pecans / croissant

LOOKING FOR BEER, WINE, OR COCKTAILS?

ASK YOUR SERVER FOR OUR ADULT BEVERAGE MENU

CRAFT YOUR OWN JUICE 5

Build it how you like it! Choose up to 4 bases & add-ins, additional .50 each.

BASES

agave lemonade apple coconut water cranberry grapefruit orange pineapple soda water

basil mint sage cucumber ginger lemon lime spinach

ADD-INS

organic agave syrup blood orange syrup blueberry syrup strawberry syrup vanilla extract

DRINKS

ICED TEAS 3

freshly brewed botanical iced teas various selections

SAGE KITCHEN COFFEE 3

three-bean breakfast blend available in decaf & regular

COLD BREW COFFEE 4

PREMIUM HOT TEA 2.5

various selections

SODA 3

20 fl oz bottle

CLASSIC JUICES

AGAVE LEMONADE 5

fresh squeezed lemon organic agave syrup

ANNIE PALMER 5

agave lemonade / ginger muddled mint / black tea

CLEAN GREEN 5

lime / apple / spinach cucumber / coconut water organic agave syrup

DON'T FORGET DESSERT!

NIGHTINGALE PREMIUM ICE CREAM SANDWICHES 6

ROTATING SEASONAL FLAVORS

LOLLY'S LOCAL ICE CREAM CUPS 6.50 ROTATING SEASONAL FLAVORS

FRESH BAKED COOKIES 2 EACH OR 3 FOR 5

SIDES

black bean salad GP VV coleslaw 🗗 🗸 green leaf salad @ V chips GP VV

PREMIUM SIDES

with entree / stand-alone

hand-cut fries GF V VF 2 /4 sweet potato fries **GP VVP** 2 / 4 mac n cheese bites 3 / 9

seasonal fruit @ V V 2.5 /5 cup of soup 3.5 / 5.5fried pickles V 2.5 / 8

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@ gluten-free

vegetarian vegetarian

vegan friendly